

COMMUNITY SERVICES RESOURCE GUIDE

Abu Bekr Shrine, 820 Nebraska St., Sioux City, IA 51101 Phone: 712-255-7991

Support for Shriner's Hospitals for Children, a health system of 22 facilities dedicated to providing pediatric medical care, world-class research and educational opportunities for medical professionals.

AddictionCenter.com (free web information guide that connects addicts and their families with the help they need)

Alcoholics Anonymous, 614 Cook St. Sioux City, IA 51103 Phone: 712-252-1333

Alzheimer's Association, 201 Pierce St., Suite 110, Sioux City, IA 51101 Phone: 712-279-5802

American Red Cross, 4200 War Eagle Drive, Sioux City, IA 51109 Phone: 712-252-40817

Provides for immediate needs (food, clothing, shelter, emotional support) for families impacted by disasters, including but not limited to fire, flood or tornado. Assists members of the military and their families with emergency communications during crisis situations, as well as provides resource and referral to help address unmet needs facing both active duty members and veterans. Partners with agencies to provide outreach to active duty & veterans including bi-monthly food distribution at the Red Cross office in Sioux City.

ARC (see- Woodbury County ARC)

Assurance Wireless, (Free phone for those who qualify) Phone: 1-888-898-4888 or Email: ourteam@assurancewireless.com

Autism (see - Siouxland Autism Support Group or The Pier Center for Autism or The ARC Autism Now)

Catholic Charities, 1601 Military Rd., Sioux City, IA 51103 Phone: 712-252-4547

Provides professional mental health therapy/counseling and support to individuals, families, and children.

Caring.com

Caring.com offers a free service to help families find senior care. Visit this website for assisted living, independent living, senior living, health conditions, in-home care, caregiving and support groups.

Center for Siouxland, 715 Douglas, 252-1861

Assistance with basic needs, food, prescription assistance, guardianship/conservator program, assessment and referral, budget counseling, financial education and housing counseling, transitional housing program for homeless individuals and families.

Child protective services in Iowa 1-800-362-2178

Childcare, Head Start, Children Activities:

GiGi's Playhouse (Down Syndrome Achievement Center), 835B Gordon Drive, Sioux City, IA 51101 Phone: 712-226-7529

The Crittenton Center (Stella Sanford Child Development Center), 1724 Geneva St., Sioux City, IA Phone: 712-255-6832

Sanford Center, 1700 Geneva St, Sioux City, IA 51103 Phone: 712-252-0581

Mary Elizabeth Childcare Center, 814 Court St., Sioux City, IA 51105 Phone: 712-258-1605

Mary Treglia, 900 Jennings St., Sioux City, IA 51105 Phone: 712-258-5137

Pre-School/ Head Start:

Community Action Agency Early Head Start, 2700 Leech Ave, Sioux City, IA 51106 Phone: 712-274-1610

Updated 3.5.19

Children's Activities:

Beyond The Bell, 2500 Glenn Ave #78, Sioux City, IA 51106 Phone: 712-277-3600

Boys Club, 823 Pearl St, Sioux City, IA 51101 Phone: 712-258-5545

Girls Inc., 1700 Sioux Trail, Sioux City, IA 51106 Phone: 712-274-5119

Child Support Recovery 520 Nebraska, Sioux City, IA 51101 Phone: 712- 255-2749

Clothing and Furniture:

Bargain Center, 1001 W. 7th Street Sioux City, IA 51103

Phone: (712) 255-0575 Hours: Mon- Fri 10 am- 4 pm & Sat 10 am- 3:30 pm

Center for Siouland, 715 Douglas Street Sioux City, IA 51101

Phone: 712-252-1861

Catholic Charities, 1601 Military Road Sioux City, IA 51103

Phone: 712-252-4547

*If a family stops into the office, they can provide them with a voucher worth up to \$40 per family for clothes at the Bargain Center.

First United Methodist Church, 1915 Nebraska Street, Sioux City, IA 51104

Phone: 712-258-0119 Hours: Wed 5 pm- 6 pm

Goodwill of the Great Plains, Administrative Office/Main Office, 3100 W. 4th Street Sioux City, IA 51103

Phone: 712-258-4511

Junior League Discovery Shop, 316 W. 7th Street Sioux City, IA 51103

Phone: 712-255-0072 Hours: Mon.-Sat. 10-5

Email: shop@juniorleagueofsiouxcity.com

Mater Dei Parish Personal Products Pantry, 1212 Morningside Avenue, Sioux City, IA 51106 Open Thursdays 4 to 6 pm.

Mission of the Messiah, 2450 Transit Ave., Sioux City, IA 51106

Phone: 712-224-2803

*Will provide up to two outfits per child with a referral from a social service agency.

Salvation Army,

☒ Main Office: 1415 Villa Avenue Sioux City, IA 51103

Phone: 712-255-8836 Hours: Mon –Fri 9 am- 3:30 pm (Closed 12-1 pm for lunch)

☒ Thrift Store: 1901 Cornhusker Drive, So. South City, NE

Phone: 402-494- 7997

Rustin Ave. Methodist Church, Sioux City, IA 51105

Phone: 712-276-3395

Community Action Agency - General Relief, 2700 Leech Ave., Sioux City, IA 51106 Phone: 712- 274-1610

General assistance, emergency rental assistance, food bank, water & utility assistance, energy assistance, transitional housing, some transportation assistance, weatherization of homes, preschool, senior employment program, prescription assistance, homeless assistance, i.e., Crossroads & Welcome.

Connections Area Agency on Aging, 2301 Pierce St., Sioux City, IA 51104 Phone: 800-432-9209

Elderly Services, Case Management, Nutrition programs (Meals on Wheels and senior congregate meal sites), Caregiver support, Transportation ticket program, advocacy, Medicare/senior health insurance information and assistance, emergency prescription fund, senior housing, elder abuse investigation and reporting, information and referral for seniors (ages 60+) and persons with disabilities (ages 18+), options counseling, assistance with rent reimbursement, DHS applications, and other forms, farmer's market vouchers, wellness workshops (falls preventions, chronic disease self-management).

Council on Sexual Assault and Domestic Violence, 1701 Grandview Blvd., Sioux City, IA 51105 Phone: 712 258-7233

Victims of sexual assault and/or domestic violence can receive assistance, reassurance, support, and a sense of stability.

Counseling & Support programs:

Mental Health Providers:

Associates for Psychological Services, 600 4th Street, #501 Sioux City, IA 51101

Phone: 712-234-0220

Family Services, Inc. 2101 Court St. Sioux City, IA 51104

Phone: 712-293-4900 www.boysandgirlshome.com

Family Wellness Associates, 1115 5th St., Sioux City, IA 51101

Phone: 712-255-0890

Catholic Charities, 1601 Military Road Sioux City, IA 51103

Phone: 712-252-4547

Choices Counseling, 520 Nebraska St. Sioux City, IA 51101

Phone: 712-522-3346

Counseling and Support Services, 421 Nebraska St. Sioux City, IA 51101

Phone: 712-224-2774

Dean and Associates, 3549 Southern Hills Dr. Sioux City, IA 51106

Phone: 712-249-6729

Mental Health Associates LLC, 2212 Pierce St., Sioux City, IA 51104

Phone: 712-255-8323

Seasons Center for Behavioral Health, 5722 Sunnybrook Drive, Sioux City, IA

Phone: (800) 242-5101

Family Solution Services, 505 5th St., Suite 510 Sioux City, IA 51101

Phone: 712-258-4553

Jackson Recovery Centers, Inc.

Main Office: 800 5th Street Sioux City, IA 51101

Phone: 712-234-2300

River Hills: 3320 W. 4th Street, Sioux City, IA 51103

Phone: 712-202-0777

Women & Children's Center: 3200 W. 4th Street Sioux City, IA 51103

Phone: 712-258-4578

Child and Adolescent Recovery Hospital: 3500 W. 4th St. Sioux City, IA 51103

Phone: 712-226-1800

Jackson Recovery Adolescent Crisis Stabilization Unit: 3500 W. 4th Street, Sioux City, IA 51103 (located inside the Recovery Hospital).

Phone: 712-226-1856

Mercy Behavioral Care, 801 5th St. Sioux City, IA 51102

Adult Inpatient Services

Phone: 712-279-2940

Adult Outpatient Services/Pathways

Phone: 712-279-5991

Chemical Dependency Services

Phone: 712-279-2438

Siouxland Mental Health Center,

Adult Integrated Health Home (IHH), 205 5th St. Sioux City, IA 51101

Phone: 712-202-0173 ext. 112

Community Support Services, (Community Support/ Project Restore/ Project Compass/ Access to Recovery) 205 5th St.

Sioux City, IA 51101

712-202-0173 ext. 111

Friendship House, 1101 Court St, Sioux City, IA 51105 Phone: 712-255-4209

Pediatric Integrated Health Home (IHH), 1014 Nebraska St. Sioux City, IA 51105

Phone: 712-224-1023

Psychiatry and Therapy, 625 Court St. Sioux City, IA 51102

Phone: 712-252-3871

St Luke's Unity Point Outpatient Care: 2720 Stone Park Blvd. Sioux City, IA 51104

Adult Inpatient Services

Phone: 712-279-3500

Adult Outpatient Services

Phone: 712-279-3500

The Pier Center for Autism, 709 Iowa St., Sioux City, IA 51105

Phone: 712-522-2961

Transitional Services of Iowa (TSI), 1221 Pierce Street Sioux City, IA 51105 Phone: 712-255-0204 (Also provides substance abuse services)

Family Support Services/Parenting Classes

Big Brothers and Big Sisters of Siouland, 3650 Glen Oaks Blvd. Sioux City, IA 51104

Phone: 712-239-9890 E-mail: bbbs@bigbrothersbigsisters.com

Boys and Girls Home and Family Services, Inc. 2101 Court Street Sioux City, IA 51104

Hours: 8:30am- 5:00pm Monday-Friday

Phone: 712-293-4900

Catholic Charities, (Love & Logic Parenting Classes)1601 Military Rd, Sioux City, IA 51103

Phone:712-252-4547

Jackson Recovery Centers:

River Hills Recovery Center- Parent Child Interactive Therapy & Sand Tray Therapy (you don't have to be an addict to be part of these programs).

3320 W. 4th Street, Sioux City, IA 51103

Phone: 712-202-0777

The Crittenton Center, (main address) 814 Pierce St., Suite 100. Sioux City, IA 51104 Phone: 712-255-4321

The Resource Center- (Parenting Classes, Spanish speaking services, donated items), 1410 Nebraska St, Sioux City, IA 51105

Phone: 712-293-1748

HOPES Program, 303 W. 24th St. Sioux City, IA 51104

Phone: 712-255-4321

Siouland District Health:

WIC Program, 1014 Nebraska St, Sioux City, IA 51105 Phone: 712-279-6636

HOPES program, 1014 Nebraska St, Sioux City, IA 51105 Phone: 712-279-6119

Crittenton Center, 814 Pierce St., Suite 100, Sioux City, IA Phone: 712-255-4321

Helping people in a wide variety of circumstances from children who need emergency shelter, families who need coping skills to prevent child abuse, families who need quality childcare to stay in the work force, teens who need childcare to stay in school, and homeless teens and disabled people who need housing.

Deaf Interpreting Services, Phone: 712-239-3740 or Email: deafvoyc.com

Disabilities Resource Center of Siouland, 505 5th St., Suite 400, Sioux City, IA 51101 Phone: 712-255-1065

Down syndrome (see- GiGi's Playhouse)

Elder Abuse reporting in Iowa (see Dependent adult abuse reporting)

Food Bank of Siouxland, 1313 11th St., Sioux City, IA 51105 Phone: 712- 255-9741

Serves as a central collection point for food that is then distributed to approximately 100 member agencies that feed hungry and needy people in Siouxland. Our service area includes: Cherokee, Crawford, Ida, Lyon, Monona, Plymouth, Sioux and Woodbury counties in Iowa; and Burt, Dakota and Thurston counties in Nebraska.

Food Pantries:

Local:

- Bountiful Baskets (discounted food)**, East High School, 5011 Mayhew Ave, Sioux City, IA 51106 Food pick up times: Saturday at 11:15AM
- Community Action Agency of Siouxland**, 2700 Leech Avenue Sioux City, IA 51106 Phone: 712-274-1610 Hours: 9 am- 4 pm (Woodbury County residents only)
- Cornerstone Faith Center**, 1625 Glenn Ellen Road, Sioux City, IA 51106 Phone: (712) 274-7572 Call Monday through Friday 8:30 a.m. to 4:30 p.m.
- First Evangelical Free Church**, 401 9th Street Sioux City, IA 51101 Phone: 255-7239 Hours: Last Tues of Month 1-3 pm & 4th Wed 10 am- 12 pm
- First Lutheran Church**, 3939 Cheyenne Blvd. Sioux City, IA 51104 Phone: 712-239-3942 Hours: Wed. 9 am-12 pm
- First United Methodist Church (Hygiene and Personal Care Items Only)** 1915 Nebraska Street, Sioux City, IA 51104 Phone: 712-258-0119 Hours: Wed 5 pm- 6 pm
- Grace United Methodist Church:** (Food only) 1735 Morningside Ave. Sioux City, IA 51106 Phone: 712-276-3452
- Glendale Community**, 1600 Glendale Avenue Sioux City, IA 51105 Phone: 712-277-3970
- Gospel Mission**, 500 Bluff Street Sioux City, IA 51104 Phone: 712-255-1769 Hours: Mon- Fri 9 am- 10:30 pm
- Midtown Family Community Center**, 524 14th Street Sioux City, IA 51104 Phone: 712-258-2470 Hours: Last Thurs of Month 10 am- 12pm & 2nd Fri 5pm-6pm
- Morningside Bible Church**, 6100 Morningside Avenue Sioux City, IA Phone: 712-276-3721 Hours: 3rd Sat of the Month 11 am- 12 pm
- Morningside Luther Church**, 700 Martha Street Sioux City, IA Phone: 712-276-2511 Hours: Mon- Fri 8 am-5 pm
- Redeemer Lutheran Church**, 3204 S. Lakeport Sioux City, IA Phone: 712-276-1125 Hours: Fri 9- 12 pm
- SHARE Iowa (discounted food- must order online)**, (Red Cross Building) 4200 War Eagle Dr. Sioux City, IA 51103 shareiowa.com
Phone: (641) 673-4000
Hours: Daily 9:00-11:00AM
- St. Thomas Parish House Food Pantry**, 406 12th Street Sioux City, IA 51105
Phone: 712-258-0141
Hours: Mon & Wed 10 am- 12 pm
- Siouxland Area Red Cross**, 4200 War Eagle Drive Sioux City, IA 51109 Phone: 712-252-4081
- Siouxland Community Soup Kitchen**, 717 W 7th, Sioux City, IA 51103 Phone: 712-258-0027
- Southern Hills Baptist Church**, 4301 Old Lakeport Road, Sioux City, IA 51106 Phone: 712-560-0739 Hours: By appointment only
- Tabernacle Church**, 114 W. 6th Street Sioux City, IA 51103 Phone: 712-258-5085
- The Salvation Army**, 600 W. 7th Street, Sioux City, IA 51102 Phone: 712-255-8836
- United Way of Siouxland**, 701 Steuben, Sioux City, IA 51101 Phone: 712-255-3551

Area

Food Hub, 417 4th Street Correctionville, IA Phone: 712-389-7504

Community Food basket, 326 Main St., Merville, IA 712-873-3062

First Baptist Church, 923 5th Street So. South City, NE Phone: 234-2622

First Lutheran Church, 3601 Dakota Avenue, So. Sioux City, NE Phone: 402-494-5461 Hours: Mon- Fri 8 am- 4:30 pm

Glad Tidings Lighthouse, 410 E. 10th Street, So. Sioux City, NE Phone: 402-494-2185 Hours: Tue- Fri by appointment only

Helping Hands Food Pantry, 903 Topaz Drive Sergeant Bluff, IA 51054 Contact: 712-943-4815 or 712-943-5082

Hours: 3rd Sat of the Month 8 am- 11 am and the following Tues 4 pm- 5:30 pm (Sgt. Bluff school district only)

Hornick Methodist Church, 5th Street Hornick, IA 51026 Phone: 712-874-3249

N. E. Nebraska Community Action Agency, 2120 Dakota Avenue So. South Sioux City, NE Phone: 402-494-8312

Hours: Mon- Fri 9 am- 4 pm (Dakota County residents only)

Siouxland Family Center, 1401 Pine Avenue Dakota City, NE (Dakota County residents only) Phone: 402-494-6878

Baby Formula Resources:

Crittenton Resource Center, 303 W. 24th Street Sioux City, IA Phone: (English) 712-898-8545 (Spanish) 712-898-6514

Mary's Choice, 4415 Stone Avenue Sioux City, IA 51102 Phone: 712-274-6279

Prairie Pediatrics, 2534 Glenn Avenue Sioux City, IA 51106 Phone: 712-274-7822 (Must be a patient)

Siouxland Food Bank, 1313 11th Street Sioux City, IA 51102 Phone: 712-255-9741

Food Stamps (Iowa DHS) 822 Douglas, Sioux City, IA 51101 Phone: 712-255-0833, 877-259-4992

GiGi's Playhouse 835G Gordon Drive, Sioux City, IA 51106 Phone: 712-226-7529

Programs at GiGi's Playhouse offer foundational learning opportunities for individuals with Down syndrome, their families and the community.

Goodwill of the Great Plains, 3100 W. 4th, Sioux City, IA 51103 Phone: 712- 258-4511

Serves as an advocate for economic self-sufficiency through employment and education. Programs include Employment and Training, Connection Center, Youth Services and Support Services. Goodwill serves a four- state population, impacting persons with intellectual disabilities, veterans, youth, elderly, homeless, immigrants, and those with other barriers to employment.

The Gospel Mission, 500 Bluff St., Sioux City, IA 51103 (Men's shelter call 712-255-1769; Women's shelter call 712-255-1119)

Homeless shelter, meals, clothing, food pantry, women/children's shelter.

Hotline Numbers Relay Iowa – accessibility for all hotlines – Dial 711 (TTY) Iowa State University Extension/Outreach

Iowa Concern Hotline (800)447-1985 (24- hour confidential assistance, financial concerns, legal counseling, stress counseling)

Answer line 800-262-3804 (Iowa Only), 515-296-5883 Out of State

Questions relating to home and family. www.extension.iastate.edu/families/answerline

Bets Off 800BETSOFF, 800-238-7633 available all hours, all days

Iowa gambling treatment program: gambling concerns for yourself and others www.1800betsoff.org

Healthy Families 800-369-2229 available all hours, all days

Prenatal, child health, and women's healthcare questions and information

Iowa Concern 800-447-1985 available all hours, all days

Financial questions, legal issues, family transitions. www.extension.iastate.edu/iowaconcern

Teen Line 800-443-8336, available all hours, all days

Personal and health-related information and referral.

Housing Resources:

Rental & Utility Assistance

Salvation Army (Emergency Housing Program for the disabled)

1415 Villa Avenue Sioux City, IA 51103

Phone: 712-255-0413

Sioux City Housing Authority, 405 6th Street, Suite 107, Sioux City, IA 51101

Phone: 712-279-6980

Housing Choice Voucher Section 8 Program

Security Deposit Program

Community Action Agency's LIHEAP, (Low-Income Housing Energy Assistance Program)

Phone: 712-274-1610 ext. 220 or 1-800-352-3725

(Subsidized)

Oakleaf Property Management, 1309 Nebraska Street Sioux City, IA

Phone: 712-255-3665

Martin Tower- 410 Pierce Street

Shire Apartments- 4236 Hickory Lane

Centennial Manor Apartments- 441 W. 3rd Street

Town View- 400 W. 4th Street

Century II- 515 Court Street

Pheasant Acres- 3540 Indian Hills Drive

West Park Apartments- 605 W. 3rd Street

Paxton Apartments, 254-268 Paxton Street Sioux City, IA Phone: 712-203-1231

Seldin Company,

Independence Village- 3116 Sycamore Terrace, Sioux City, IA 51105

(Also locations at 8th & Iowa, 38th & Winona, 39th & Winona, 31st & Sycamore Terrace, 26th & South Rustin, and 32nd & Chambers) Phone: (712) 239-1822

Shesler Hall, 1308 Nebraska St. Sioux City, IA 51105 Phone: 712-258-8059

Siouxland Aging Services, 2301 Pierce Street Sioux City, IA Phone: 712-279-6900

Evergreen Terrace- 2430 West Street

Fairmount Apartments- 210 S. Fairmount Street

Riverside Gardens Senior Housing- 715 Bruner Street

Sunrise Manor, 5501 Gordon Drive Sioux City, IA Phone: 712-276-3821

Maple Heights Apartments- 5300 Stone Avenue

Transitional Housing

Center for Siouxland Transitional Housing (Bridges West), Sioux City 715 Douglas Street Sioux City, IA

Phone: 712-252-1861

Crossroads Transitional Housing, 1307 Court St. Sioux City, IA 51105

Phone: 712-293-0283

Dismas Charities, (Integration of incarcerated individuals into the community) 420 Chambers St, Sioux City, IA 51101

Phone: 712-252-6000

Hillside Park, 2800 W. 4th Street Sioux City, IA 51103

Phone: 712-258-0801

NE Nebraska Joint Housing Agency/Goldenrod

Phone: 712-279-6286

I-Smile Client Services 1014 Nebraska St, Sioux City, IA 51105 Phone: 712-224-5424

Children up to age 21 and pregnant women. All services provided free of charge. Services include: Help finding a dentist, Assistance with dental insurance and payment options, care coordination services, oral health education, oral health screenings, Fluoride varnish applications, dental sealant applications.

Iowa Department of Human Services (DHS), 822 Douglas, Sioux City, IA 51101 Phone: 712-255-0833

Iowa Medicaid and Medicaid Waiver programs, Iowa Health and Wellness programs, Iowa Food Assistance program, Iowa Family Assistance program, Iowa Child Care Assistance Program, Dependent abuse (child/adult)

Iowa Medicaid 1-800-338-8366 or 515-256-4606 (if calling within the Des Moines area) or visit <https://dhs.iowa.gov/iahealthlink>

Iowa Legal Aid, 520 Nebraska St., Sioux City, IA 51101 Phone: 712-277-8686

Legal assistance with family/juvenile matters, housing, public benefits, consumer/guardian matters.

Iowa State University extension and outreach general information 515-294-6222/800-262-0015

Horticulture line 515-294-3108, lawn, garden and landscape plant questions

Beginning Farmer Monday/Friday 8-4:30 877-232-1999, resources to help the next generation of farmers.

Iowa Workforce Development, 2508 4th St., Sioux City, IA 51101 Phone: 712-252-3811

Job search and resume development assistance, Access to employment opportunities, Skill assessment and testing tools.

Juvenile Detention 822 Douglas, #401, Sioux City, IA 51101 Phone: 712- 252-4278

Lutheran Services in Iowa, 2039 S. St. Aubin, Sioux City, IA 51106 Phone: 712- 255-2505

Helping children, youth and families, people with disabilities, the elderly and people of refugee status – in times of need.

Mater Dei Parish Personal Products Pantry 1212 Morningside Avenue. Open on Thursdays from 4:00 – 6:00 pm

Anyone with a picture ID with an address on it may use the pantry. They may use the pantry once every three months. Guests of the pantry are allowed six items per visit. There is no charge. Items that may be in stock include: Toilet papers, bath soap, body wash, toothbrushes, dish soap, diapers, baby care items, paper towels, shampoo, Depends, Band-Aids, toothpaste, deodorant, household cleaners, disposable razors, sunscreen, Kleenex, wipes, lotion, shaving cream, feminine hygiene items and laundry soap.

MEDICAL RESOURCES:

Dental Providers (Accepting Medicaid)

Aiken Family Dentistry, 1509 W. 26th St., South Sioux City, NE 68776

Phone: 402-494-5445

Buttermore, DDS, 305 W. 39th St., South Sioux City, NE 68776

Phone: 402-494-4924

Moville Family Dentistry, 214 Main Street, PO Box 263, Moville, IA 51039

Phone: 712-873-3525

Dentist Depot, 3900 Floyd Blvd., Sioux City, IA 51108

Phone: 712-239-5812

Dunes Dental 4 Kids, 711 Sioux Point Rd., Ste. 100, Dakota Dunes, SD 57049
Phone: 605-242-4700

Elite Dentistry, 5708 Sunnybrook Dr., Sioux City, IA 51106
Phone: 712-224-4001

Family 1st Dental of Dakota City, 1410 Broadway St., PO Box 493, Dakota City, NE 68731
Phone: 402-987-3484

Family 1st Dental of Sioux City, 2928 Hamilton Blvd., St. 102, U-E, Sioux City, IA 51104
Phone: 712-255-5754

Family 1st Dental of South Sioux, 3220 Plaza Dr., Ste C, South Sioux City, NE 68776
Phone: 402-494-2144

Family Dental Care of Sioux City, 5738 Sunnybrook Dr., Sioux City, IA 51106
Phone: 712-560-4515

Family Dental Center of Dakota Dunes, 383 W. Steamboat Dr., Ste 101, Dakota Dunes, SD 57049
Phone: 605-232-5898

Family Dental Center of Morningside, 4016 Morningside Ave., Sioux City, IA 51106
Phone: 712-276-4434

Frank, Shamayne DDS, 321 West 25th St., Sioux City, IA 51104
Phone: 712-252-9894

Gardner, Donna DDS, 3500 S. Lakeport, Sioux City, IA 51106
Phone: 712-276-5547

Kava, Rick DDS, 2930 Hamilton Blvd., Ste 101, U-F, Sioux City, IA 51104
Phone: 712-258-6169

Knopik Family Dentistry, 2930 Hamilton Blvd, Ste. 103, Upper F, Sioux City, IA 51104
Phone: 712-255-1440

Lakeport Dental Care, 3434 S. Lakeport St., Sioux City, IA 51106
Phone: 712-276-8391

Lilly Family Dentistry, 2100 Indian Hills Drive, Sioux City, IA 51104
Phone: 712-239-5125

Lohr Family Dentistry, 2918 Hamilton Blvd., Upper D, Sioux City, IA 51104
Phone: 712-255-1163

McAllister, James DDS, 4801 Southern Hills Drive, Sioux City, IA 51106
Phone: 712-274-7377

Morningside Dental, 4704 Morningside Ave., Sioux City, IA 51106
Phone: 712-276-2206

North Sioux Dental Clinic, 101 Merrill Ave., PO Box 1010, North Sioux City, SD 57049
Phone: 605-232-8802

Prince, Dona DDS, 4220 Sergeant Rd., #100, Sioux City, IA 51106
Phone: 712-355-5995

Salmons, Ivan DDS, 1855 Indian Hills Dr., Sioux City, IA 51104
Phone: 712-239-5900

Sergeant Bluff Dental, 703 1st St., Sergeant Bluff, IA 51054
Phone: 712-943-4242

Sergeant Bluff Smiles, 104 Port Neal Road, Sergeant Bluff, IA 51054
Phone: 712-943-4746

Shaw, Lowell DDS, 1916 Pierce St., Sioux City, IA 51104
Phone: 712-252-3546

Siouxland Community Health Center – Dental Clinic, 1021 Nebraska St., PO Box 5410, Sioux City, IA 51102
Phone: 712-202-1006

Summit Dental Health of South Sioux City, 2600 Cornhusker Drive, South Sioux City, NE 68776
Phone: 402-494-2692

Summit Dental Health of Sioux City, 2114 Pierce Street., Sioux City, IA 51104
Phone: 712-252-3440

Sunnybrook Dental, 5845 Sunnybrook Drive., Sioux City, IA 51106
Phone: 712-274-2338

Tri-State Dental Care, 150 Tower Rd., Ste. 100, Dakota Dunes, SD 57049

Phone: 605-242-7123

Walton Dental Health, 2410 Pierce St., Sioux City, IA 51104

Phone: 712-255-7607

Whispering Creek Dental, 5402 Morningside Avenue, Sioux City, IA 51106

Phone: 712-276-8432

Wheelock & Associates Dentistry, 4100 Morningside Ave., Ste. B, Sioux City, IA 51106

Phone: 712-274-2038

MEDICAL RESOURCES Continued:

Healthcare:

Siouxland Community Health Center Maternal Health, 1021 Nebraska St. Sioux City, IA 51105

Phone: 712-252-2477

Siouxland Medical Foundation, 2501 Pierce St. Sioux City, Iowa 51104

Phone: 712-294-5000

Siouxland District Health Maternal Health, 1014 Nebraska St, Sioux City, IA 51105

Phone: 712-279-6119

UnityPoint: Siouxland PACE, 1200 Tri View Ave, Sioux City, IA 51103

Phone: 712-224-7223

Siouxland Community Health Center, 1021 Nebraska Street Sioux City, IA 51105

Phone: 712-252-2477

Urgent Care

Family Healthcare of Siouxland:

Northside Clinic Urgent Care:

Open Mon-Fri 5:30PM-9:00PM, Sat-Sun: 10:00AM-6:00PM

4230 Hamilton Blvd. Sioux City, IA 51104

Phone: 712-224-5550

Morningside Clinic Urgent Care:

Open Mon-Fri 5:30PM-9:00PM, Sat-Sun: 10:00AM-6:00PM

Open Select Holidays: 9:00AM-5:00PM

4545 Sergeant Road, Sioux City, IA 51106

Phone: 712-224-5550

South Sioux City Clinic Urgent Care:

Open Mon-Fri 5:30PM-9:00PM, Sat-Sun: 10:00AM-6:00PM

3250 Plaza Drive South Sioux City, NE 68776

Phone: 402-412-4220

Unity Point:

Sunnybrook Medical Plaza Urgent Care:

Open Mon-Fri 8:00AM – 8:00PM, Open Sat-Sun 8:00AM-6:00PM

5885 Sunnybrook Drive

Phone: 712-266-2760

MercyOne:

MercyOne Singing Hills Urgent Care:

Open Mon-Fri 9:00AM-8:30PM, Open Sat-Sun 9:00AM-5:00PM

3520 Singing Hills Blvd. Sioux City, IA 51106

Phone: 712-222-7990

Ophthalmology Providers (Accepting Medicaid):

Jones Eye Clinic, 4405 Hamilton Blvd. Sioux City, IA 51104 Phone: 712-239-3937

Wadzinski Eye Clinic, 5855 Sunnybrook Dr. Sioux City, IA 51106 Phone: 712-226-3937

Southern Hills Eye Care PC, 4600 Singing Hills Blvd., Sioux City, IA 51106 Phone: 712-271-4600

Outpost Optical, 206 Military Rd. North Sioux City, SD 57049 Phone: 605-232-3937

Narcotics Anonymous Phone: 712-279-0733

Mid Step Services 4303 Stone Ave., Sioux City, IA 51106 Phone: 712-274-2252

Providing residential, vocational, educational, and recreational services to people with intellectual disabilities in a caring, supportive environment where each individual is encouraged to reach his or her highest potential.

New Perspectives, Inc. 310 S. Martha, Sioux City, IA 51106 Phone: 712-258-3576

Employment services provided: Job development, Job placement, Job coaching, School to work transition, Contract participation, Work skills assessment & development, Community work assessment & experience. Additional services include: Adult Basic Education, Community experience, Social skills assessment & development, Transportation services & skills, Life skills assessment & development

Opportunities Unlimited, 3439 Glen Oaks Blvd, Sioux City, IA 51104 Phone: 712-277-8295

Providing comprehensive rehabilitation therapy and services to children and adults in the community with special needs. Residential Programs, HCBS, Veterans Services, Injuries information, Rehab services, employment services, prevention.

PACE– A program of All-inclusive care for the elderly – 1200 Tri View Ave, Sioux City, IA 51103 Phone: 712- 224-7223

Siouxland PACE, a program of UnityPoint Health - St. Luke's, was Iowa's first PACE program. The program offers care for frail individuals 55 years of age and older. At Siouxland PACE, we provide and coordinate care for participants so that they can remain in their own homes and communities and live independently for as long as possible.

Public Defender's Office, 701 Pierce St. Ste 400, Sioux City, IA 51101 Phone: 712-252-4158

Recovery.org (Sioux City Addiction Recovery Centers in Sioux City, IA/ nearby Cities)

Rehabs.com (Sioux City Inpatient Drug and Alcohol Rehab Programs)

St. Anne's of Sioux City 1012 Douglas St., Sioux City, IA 51105 Phone: 712-255-4987

A residential care home.

Sanford Community Center 1700 Geneva St., Sioux City, IA 51103 Phone: 712-252-0581

School Outreach Program, Alternative suspension program, after school program and summer program.

Shesler Hall 1308 Nebraska St., Sioux City, IA 51105 Phone: 712 258-8059

The **Emergency Shelter Program** serves homeless or near homeless women who have no means of paying the fee. The **Transitional Housing Program** offers these same services for a period of two years or less to women who have a medical diagnosis of chronic mental illness and are preparing to live on their own. The **Long-Term Housing Program** gives a home to women with special needs for an indefinite period of time. These residents have truly made Shesler Hall their home. Most have a medical diagnosis, but others simply require a community living environment.

Shelters:

CSADV (Council on Sexual Assault and Domestic Violence)

Sioux City, IA

Phone: 712-258-7233

Sioux City Gospel Mission, Women's and Children's Center

Phone: 712-255-1119

Sioux City Gospel Mission, Men's Shelter

Phone: 712-255-1769

The Warming Shelter, 916 Nebraska St. Sioux City, IA 51105

Phone: 712-255-0084. Open 5:30 p.m. to 8:30 a.m.

The Day Shelter of Siouxland, 700 W. 6th St., Sioux City, IA 51103

Phone: (712) 382-4181 Open 8:30 a.m. to 4:30 p.m.

Sioux City Animal Adoption & Rescue Center, 2400 Hawkeye Dr., Sioux City, IA 51105 Phone: 712-279-6968

The SCAARC holds the contact with the City of Sioux City for animal control, adoption and rescue. Animals are held for 7 days giving owners time to reclaim their pet. If an animal is not claimed after 7 days, they are put up for adoption. SCAARC works closely with Noah's Hope Animal Rescue for dogs who are at the shelter for long periods of time to help them find their "forever" home. SCAARC also provides - Code Enforcement, Licensing, Adoptions, Picking Up strays, On-site vet once per month and education.

Sioux City Housing Authority, 405 6th St., Ste 107, Sioux City, IA 51101 Phone: 712- 279-6348

Section 8 Housing Choice Voucher Low Income Rental Assistance, Down Payment Assistance to purchase a Home, City Wide Security Deposit Assistance (first month only). All guidelines online at <https://www.sioux-city.org/housing>.

Sioux City Human Rights Commission, 405 6th St., Suite 410, Sioux City, IA 51101 Phone: 712-279-6985

Provides free, confidential and neutral service. Investigates allegations of discrimination in employment, housing, public accommodations, education and credit.

Sioux City Public Libraries, 529 Pierce St., Phone: 712-255-2933 or 4005 Morningside Ave., phone: 712-279-6405

Sioux City Neighborhood Services, 405 6th St., City Hall, 3rd floor, Sioux City, IA 51101 Phone: 712-279-6328

Elderly/Disabled Housing Repair - Assists income eligible seniors (age 65 and older) and disabled homeowners with minor home repairs. Call 712-279-6328.

Emergency Repair - Assists income eligible Sioux City homeowners whose property has or will be placarded if a hazardous situation is not corrected. Call 712-279-6328.

Housing Rehabilitation - This single-family owner-occupied program is available to low- to middle-income residents of targeted urban renewal neighborhoods to make homes safe and livable. Call 712-279-6328

Handicap Barrier Removal - Finances the construction of ramps or other structures necessary to provide barrier free access to the homes of low-income disabled persons. Call 712-279-6328

Lead Hazard Control - Assistance provided to homeowners and tenants to reduce or eliminate lead hazards in housing for qualified applicants. Call 712-279-6328

Siouxland Autism Support Group 1520 Morningside Ave., Sioux City, IA 51106 Phone: 712-490-8939

Siouxland Community Health Center, 1021 Nebraska St., Sioux City, IA 51105 Phone: 712-252-2477

Medical, dental, pharmacy, child health, behavioral health/social services (teen screen, health and law project), HIV waiver case management.

Siouxland Community Soup Kitchen, 717 W 7th St., Sioux City, IA 51103 Phone: 712- 258-0027

Siouxland District Health, 1014 Nebraska St., Sioux City, IA 51105 Phone: 712- 279-6119

Immunizations, Women, Infants and Children program (WIC), home health/nursing for individuals who are not Medicaid eligible as well as some basic cleaning, running errands. Hotel/Motel Inspection, Food Service Inspection, Foodborne Illness Outbreak Investigations, Tanning & Tattoo Parlor Inspections, Animal Bites/Quarantines, Swimming Pools & Spas Inspections - Swimming Pool Rules, Wells & Septic System Inspections, Water Sample Collection, Mosquito-Arbovirus Surveillance, Childhood Lead Poisoning, Radon testing.

Siouxland Humane Society, 1015 Tri-View Ave., Sioux City, IA 51103 Phone: 712-252-2614

Pet Food Bank - provides dog and cat food to pet owners that are in need of food for their pets. **Emergency Sheltering Services** - works cooperatively with other service agencies in the Tri-State area to provide temporary shelter for animals whose family's home has been destroyed by fire, with families displaced from their homes short term, or those needing a safe haven while their family resides in a domestic violence shelter. **Spay/Neuter Assistance** - help low income persons spay/neuter their animals. Programs include SHS adopted dogs and cats, non-SHS adopted cats and a Spay the Mom Cat program for applicants that surrender litters of kittens to SHS and are in need of having the mother spayed. **Veterinary Assistance Program** - funding assistance program that pays the initial veterinary examination fee for pet owners who cannot afford it. Applications are based on income guide lines.

Siouxland Mental Health Center, 625 Court St., Sioux City, IA 51101 Phone: 712- 252-3871 After Hours Crisis Hotline 712-279-2010

Therapy and psychiatry services, adult/child mental health services, prescription medication program, community support program, friendship house, and program restore for homeless.

Sioux Rivers Region Assessment and Stabilization Center (ASC) 4038 Division St., Sioux City, IA 51104 Phone: 712-560-7996

The program is open to individuals experiencing an increase in the severity of their mental health symptoms resulting in the need for more direct observation and stabilization than can be achieved in their current living situation. This voluntary service is for those that do not require hospitalization but need assistance and medical oversight to prevent symptom exacerbation. The Center is open 24 hours a day, 7 days a week and referrals are accepted from law enforcement, outside providers, family, and by self. An individual must meet admission requirements before they are accepted into the program.

Sioux Rivers Regional MH/DS (Formerly Woodbury County Mental Health/Social Services) 1211 Tri View Ave., Suite B 279-6459

MH/DS system that provides funding and services to eligible residents in Sioux, Plymouth and Woodbury Counties. The service system provides access, information and coordination of funding while providing for the health, hope and successful outcomes of the adults in our region who have mental health and intellectual/developmental disabilities, including those with multi-occurring substance use issues, health uses, physical disabilities and other complex human service needs.

NOTE: Woodbury County Social Services Targeted Case Management program is now closed. Managed Care Organizations (MCO) have been implemented in the State of Iowa to provide this service. Medicaid eligible individuals should have received a letter from the Iowa DHS stating which MCO they have been assigned. The following is a list of the MCO's:

Amerigroup Iowa, Inc.

Email: MPSWeb@amerigroup.com

Phone: 1-800-600-4441

Operating Hours: 8 AM - 8 PM, Monday to Friday

Website: <http://www.myamerigroup.com/IA>

United Healthcare Plan of the River Valley, Inc.

Phone: 1-800-464-9484

Operating Hours: 7:30 AM - 6 PM, Monday to Friday

Website: <http://www.uhcommunityplan.com>

Members who do not know their MCO assignment or have questions can call the IME Member Services Unit at: 1-800-338-8366 or 515-256-4606 or email at: IMEMemberServices@dhs.state.ia.us.

Social Security Office, 3555 Southern Hills Dr., Sioux City, IA 51106 Phone: 712- 255-5525

Apply for Social Security benefits, SSI, SSDI, Social Security cards.

Suicide Hotline (national) Phone: 1-800-273-8255

Suicide Prevention (national) Hotline (Spanish) Phone: 1-888-628-9454

The Pier Center for Autism, 709 Iowa St., Sioux City, IA 51105 Phone: 712-522-2961

The Arc. Autism Now, 3001 Malloy Rd, Sioux City, IA 51103 Phone: 712-258-5050

Welcome to the Autism NOW Center. The nation's source for resources and information on community-based solutions for individuals with autism, other developmental disabilities, and their families. A national initiative of The Arc.

Transportation:

Care For Kids, 1014 Nebraska St. Sioux City, IA 51105 Phone: 712-224-5424

**Children 6 and under must have a car seat provided by the parent to be transported. Children must be accompanied by an adult.

Will transport individuals until age 21.

Sioux City Transit System, 509 Nebraska St, Sioux City, IA 51101 Phone: 712-279-6404

SRTS (Siouxland Regional Transit System), 1122 Pierce St, Sioux City, IA 51105 Phone: 712-279-6919

TMS (Iowa Non-Emergency Medical Transportation), 5800 Fleur Dr # 231, Des Moines, IA 50321 Phone: 866-572-7662

United Way Agencies in Siouxland:

Big Brothers Big Sisters of Siouxland: 3650 Glen Oaks Blvd., Sioux City, IA 51104 712-239-9890

Arranges and monitors volunteer relationships between prescreened adults and children. The volunteers serve as role models for children who come from single parent families or two-parent families experiencing stress.

Boys and Girls Home/Family Services: 2101 Court St., Sioux City, IA 51104 712-293-4700

Helps individuals and families resolve personal issues in their lives and provides family and individual counseling. Provides shelter for youth.

Boys Club of Sioux City: 823 Pearl St., Sioux City, IA 51101 712-258-5545

Offers a youth development program for boys (ages 7-18) which helps them develop a sense of competence, usefulness, belonging, and influence.

Boy Scouts: 306 Virginia St., Suite C, Sioux City, IA 51101 712-255-8846

Serves boys in 1st through 12th grades and girls in 9th through 12th grades. Scouting strives to instill in young people the values that are essential to our system of free enterprise: self-reliance, integrity, courage, and thriftiness.

Crittenton Center: 303 W. 24th St., Sioux City, IA 712-255-4321

Provides services to help with the health and well-being of families & children in Siouxland. The HOPES program provides an intensive in-home visitation program that positively impacts families and children.

Girls Inc.: 500 Main St., Sioux City, IA 51103 712-252-1088

Focuses on the special needs of girls by providing a positive and stimulating environment in which girls can become aware of the opportunities in life and develop the capacity to be self-sufficient members of the community.

Girl Scouts: 515 Zenith Dr., Sioux City, IA 51103 712-255-0187

Committed to helping all girls (ages 5-17) from every background to develop the confidence, determination, and skills needed to thrive in today's world.

Mary Elizabeth Day Care Center: 814 Court St., Sioux City, IA 51105, 712-258-1605

Provides quality, affordable child care for low-income working parents. Includes preschool, before- and after-school care, and summer programs. A sliding fee scale is available based on the parents' income.

Mary J. Treglia Community House: 900 Jennings St., Sioux City, IA 51105 712-258-5137

Empowers individuals through free English, preschool and citizenship classes; low-cost immigration services; and a summer program for at-risk youth that is designed to close the achievement gap and stop summer learning loss.

Native American Child Care Center: 1735 Morningside Ave., Sioux City, IA 51106 712-276-4030

Provides child care services and an early childhood development program, including preschool readiness, self-image development, parental involvement and cultural awareness to preschool children and their families.

Norm Waitt, Sr. YMCA: 601 Riverview Dr., South Sioux City, NE, 402-404-8439

Provides access to wellness programs to all members free of charge or at greatly reduced prices to encourage healthy lifestyles and/or help individuals dealing with a chronic illness. In addition, an 8 week summer camp to serve students in grades K-5 with a focus on summer learning loss prevention and assurance that students remain on track academically.

Salvation Army: 1415 Villa Ave., Sioux City, IA 51103 712-255-8836

Pathway of Hope provides a range of services with a holistic emphasis on providing the resources that will best suit the needs of each client. The services include one-time emergency services, on-going assistance for elderly and/or disabled and long-term planning services to promote independence.

Sanford Center: 1700 Geneva St. Sioux City, IA 51103 712-252-0581

The neighborhood center's Delinquency Prevention Program is a continuum of services through several programs for children K-12 and their families: After School Program, Summer Program, Outreach, and Alternative Suspension.

Siouxland CARES: 101 Pierce St., Sioux City, IA 51101 712-255-3188

Community Coalition whose mission is to improve the quality of life in Siouxland by eliminating the abuse of alcohol and other drugs and related violence. Services include referrals, information, assessment information, educational programs, awareness campaigns, youth leadership, drug-free workplace information, gang prevention programs, and anti-bullying education.

Siouxland Center for Active Generations: 313 Cook St., Sioux City, IA 51103 712-255-1729

Provides activities and programs in health, recreation, education, finance, and transportation to enhance the lifestyles of adults in Siouxland. The programs provide fitness screenings, healthy living classes, exercise classes, and transportation options for home-bound individuals to assist with healthy lifestyle choices.

Siouxland Family Community Center: 1401 Pine St. Dakota City, NE, 402-494-6878

A neighborhood center in South Sioux City that offers emergency food pantry to families. As part of the service, clients are connected with anti-hunger and anti-poverty programs and resources.

Women Aware: 505 5th St., Suite 422, Sioux City, IA 51101, 712-258-4174

Provides intensive case-management to heads of household in Siouxland in a personal, one-to-one approach to help them achieve their maximum earning potential & support self-sufficiency.

Veteran's Affairs local clinic, 1551 Indian Hills Dr., Sioux City, IA 51104 Phone: 712- 258-4700

Honoring America's Veterans with quality health care services.

Warming Shelter, 916 Nebraska St, Sioux City, IA 51105 Phone: 712-255-0084

Woodbury County Attorney, 620 Douglas, Sioux City, IA 51101 Phone: 712- 279-6516

Woodbury County ARC, 3001 Malloy Rd., Sioux City, IA 5113 Phone: 712 258-5050

Woodbury County Arc is a volunteer-based membership organization made up of individuals with intellectual, developmental and other disabilities, their families, friends, interested citizens, and professionals in the disability field.

Woodbury County Board of Supervisors, 620 Douglas, Sioux City, IA 51101 Phone: 712-279-6525

Contact for Tax Suspension – must meet eligibility requirements.

Woodbury County Clerk of Court, 620 Douglas, Sioux City, IA 51101 Phone: 712-279-6611

Woodbury County District Court Administration, 620 Douglas, Sioux City, IA 51101 Phone: 712- 279-6608

Woodbury County Extension Agency, 4728 Southern Hills Dr., Sioux City, IA 51106 Phone: 712- 276-2157

Woodbury County Probation office 822 Douglas, Sioux City, IA 51101 Phone: 712-279-6586

Woodbury County Recorder, 620 Douglas, Sioux City, IA 51101 Phone: 712-279-6528

Birth certificates, marriage licenses, death certificates, land/real estate records

Woodbury County Social Services – see Sioux Rivers Regional MH/DS ***

Woodbury County Treasurer, 822 Douglas St, Suite 102, Sioux City, IA 51101 Phone: 712- 279-6495

Paying property taxes

Woodbury County Treasurer/Motor Vehicles, 822 Douglas, Suite #102 Phone: 712-279-6500

Motor Vehicle licensing, DNR permits

Woodbury County Veteran's Affairs, 1211 Tri View Ave., Suite A, Sioux City, IA 51103 Phone: 279-6605/279-6606

Assisting Veterans and their dependents in applying for federal and state benefits including disability compensations, disability pension, widow/survivor benefits, education/vocational benefits, medical and assistance in filling out applications to the Iowa Veteran's home. Also provide temporary assistance for basic living needs (housing, utilities, food/household necessities, medical assistance and funeral/burial for indigents).

Appendix 1 (Assisted living facilities, In-home related care, Memory care, Nursing homes , Respite care, Retirement communities,)

Alzheimer's Association, 1315 Zenith Drive, Suite B, Sioux City, IA 51103 Phone 712- 279-5802

Apria Healthcare, 2400 Pierce St., Sioux City, IA 51104 712-255-1555

Bickford Assisted living, 4020 Indian Hills Dr.,Sioux City, IA 51104 Phone: 712- 239-2065

Bickford Memory Care, 4022 Indian Hills Dr., Sioux City, IA 51104 Phone 712-239-6851

Boys & Girls Home Family Services 2101 Court St, Sioux City, IA Phone: 712- 293-4700

Brookdale (formerly - Northpark Senior Living), 2562 Pierce St., Sioux City, IA 51104 Phone: 712- 215-6152

Careage Management, 1512 Pierce St, Sioux City, IA 51105 Phone: 712-293-0117

Casa De Paz, 2121 W 19th St., Sioux City, IA 51103 Phone: 712-233-3127

Char-Mac Assisted Living, 200 E. Char Mac Dr., Lawton, IA 51030 Phone: 712-944-1879

Continue Care, 2609 Apache Ct., Sioux City, IA 51104 Phone: 712-224-2845

Correctionville Specialty Care Center 1116 Hwy 20, Correctionville, IA 51016 Phone: 712-372-4466

Countryside Health Care Center, 6120 Morningside Ave., Sioux City, IA 51106 Phone: 712-274-4700

Countryside Senior Housing, 6120 Morningside Ave., Sioux City, IA 51106 Phone: 712- 276-3000

Embassy Rehab & Care Center, 206 Port Neal Rd., Sergeant Bluff, IA 51054 Phone: 712-943-3837

Fairmount Park Senior Living, 210 S Fairmount, Sioux City, IA 51106 Phone: 712- 252-3022

Four Seasons Countryside Estates, 3009 Lilac Ln., Sioux City, IA 51106 Phone: 712- 276-0843

Hallmark Care Center 3800 Indian Hills Dr.,Sioux City, IA 51104 Phone: 712- 239-5025

The Heritage at Northern Hills, 4000/4002 Teton Trace, Sioux City, IA 51104 Phone: 712-560-7877

Holy Spirit Retirement Home, 1701 W 25th, Sioux City, IA 51103 Phone: 712-252-2726

Home Instead Senior Care, 220 S Fairmount St., Sioux City, IA 51106 Phone: 712- 258-4267

Hospice of Siouxland, 309 Cook St., Sioux City, IA 51103 Phone: 712-233-4144

Kingsley Nursing and Rehab Center, 305 W. 3rd, Kingsley, IA 51028 Phone: 712-378-2400

Maple Heights Retirement Apt., 5300 Stone Ave., Sioux City, IA 51106 Phone: 712-276-3821

MercyOne Behavioral Care, 801 5th St., Sioux City, IA 51101 Phone: 712-279-2940

Mercy Home Care 6101 Pershing St. Sioux City, IA 51111 Phone: 712- 233-5100

Opportunities Unlimited, 3439 Glen Oaks Blvd., Sioux City, IA 51104 Phone: 712- 277-8295

The Pointe at Sunrise 36 Eastview Dr., Sioux City, IA 51106 Phone: 712-212-9350

Appendix 1 (Nursing homes, in-home related care, assisted living facilities, retirement communities, memory care continued)

Recover Health, 2020 Indian Hills Drive, #100, Sioux City, IA 51104 712- 233-5494

Regency Square Senior Living, 3501 Dakota Ave., South. Sioux City, NE 68776 Phone: 402-494-4273

REM Health of Iowa 2212 Pierce St., Suite 200, Sioux City, IA 51104 Phone: 712- 233-5494

Right at Home, Phone: 712-255-4242

UnityPoint at Home 2905 Hamilton Blvd.,Sioux City, IA 51104 Phone: 712- 279-3279

St. Anne's of Sioux City, 1012 Douglas St.,Sioux City, IA 51105 Phone 255-4987

Stoney Brooks Suites, 301 Dakota Dunes Blvd, N. Sioux City, SD., 605-242-0013

Synergy Home Care, 319 Dakota Dunes Blvd., Suite D. N. Sioux City, SD 57049 Phone: 605-242-6056

Sunrise Retirement Community, 5501 Gordon Dr. Sioux City, IA 51106 Phone: 712- 276-3821

Touchstone Living Center, 1800 Indian Hills Dr.,Sioux City, IA 51104 Phone: 712- 239-4582

Tri State Nursing, 3100 S. Lakeport St.,Sioux City, IA 51106 Phone: 712- 277-4442

Visiting Angels Living Assistance Services, 3133 Floyd, #B Sioux City, IA 51108 Phone: 712-212-9246

Welcov Home Health of Sergeant Bluff, 112 Gaul Dr., Sergeant Bluff, IA 51054 Phone: 712-943-7644

Westwood Specialty Care, 4201 Fieldcrest, Sioux City, IA 51103 Phone: 712-258-0135

Whispering Creek Active Retirement Community, 2609 Nicklaus Blvd., Sioux City, IA 51106 Phone: 712-276-1879